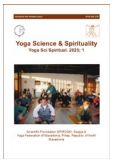
Scientific Foundation SPIROSKI, Skopje, Republic of North Macedonia
Yoga Science & Spirituality. 2025 Dec 25; 1:38-39.
https://doi.org/10.3889/yss.2025.6615
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***Section:*** *Events*



# Calendar of Events in Scientific Yoga, Spirituality, and Related Disciplines, 2026 (Ayurveda, Homeopathy, Naturopathy, etc.)

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**January 12-14, 2026**

**International Conference on Ayurveda and Yoga 2026**
Mahayogi Guru Gorakhnath AYUS University *Gorakhpur, Uttar Pradesh, India*

Scientific research in yoga and Ayurveda, integration into healthcare systems; traditional and modern approaches.

**January 24, 2026**

**Scientific Conference on Yoga & AI**

*Athens, Greece*

*Hellenic Yoga Association*

Experience in the era of artificial intelligence.

The Conference is organized with support and cooperation of the Municipality of Athens.

**February 6, 2026**

**World Conference on Medicine, Yoga and Mental Health (WCMYMH)**

*Dubai, UAE*

A premier interdisciplinary platform for researchers and practitioners to discuss recent innovations and research in medicine, yoga and mental health.

**March 21, 2026**

**Evidence on Yoga: Future for Health & Care 2026**

*Linköping University, Sweden*

Scientific results on the effects of yoga on medical conditions, integration into the healthcare system.

**March 2026**

**International Conference on Integrative Medicine & Yoga**

*São Paulo, Brazil*

Yoga in clinical practice, research on mental health and cardiovascular effects.

**April 2026**

**International Conference on Integrative Medicine & Yoga**

*Sydney, Australia*

Yoga in clinical practice; research on mental health and cardiovascular effects.

**May 8-10, 2026**

**Global Integrative Medicine Congress (GIMC 2026)** ***Memphis, Tennessee, USA***

Clinical applications of yoga, diagnostics and rehabilitation. Ayurveda integration, including naturopathy, neurophysiological and musculoskeletal effects.

**June 6-8, 2026**

**Hamilton Island Medical Conference** ***Hamilton Island, Queensland, Australia***

Medical education, integrative medicine; yoga and

mind-body practices as part of clinical approaches.

**June 11-13, 2026**

**SYTAR 2026 - Symposium on Yoga Therapy and Research**

*Hilton Orange County, Costa Mesa, California, USA*

Latest research in yoga therapy. Symposium on yoga research (SYR); clinical applications and therapeutic models.

**June 2026**

**Latin American Congress on Yoga Therapy & Research**

*Buenos Aires, Argentina*

Yoga therapy, psychophysiology; rehabilitation yoga and sports medicine.