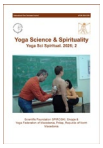
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# In Memoriam: Dr. Vasilije Tomanoski (1957 – 2026)

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**Abstract**

Dr. Vasilije Tomanoski (1956–2026) was a distinguished nephrologist, researcher, and pioneer in the integration of complementary medicine into nephrological practice. After graduating from the Faculty of Medicine in Belgrade in 1981, he specialized in internal medicine and later obtained both a Master's degree and a PhD, focusing his doctoral research on the pathohistological characteristics of renal osteodystrophy in patients undergoing chronic hemodialysis. Beginning in 1986, he collaborated closely with the Dialysis Center and Yoga Association in Struga, where he played a leading role in introducing yoga therapy as a complementary rehabilitation approach for patients with chronic renal insufficiency. Throughout his career, Dr. Tomanoski authored and co-authored numerous scientific publications and presented his research at national and international scientific meetings, including the 5th World Congress on Yoga and Holistic Medicine (Annecy, France, 1994) and the 1st Scientific Conference on Yoga "Science and Spirituality at the End of the 20th Century" (Ohrid, 1997). His work emphasized the value of a holistic, patient-centered approach that combined evidence-based nephrology with complementary therapeutic practices. Beyond his scientific achievements, he was admired for his humility, compassion, and dedication to patient care. Dr. Tomanoski's lifelong efforts to bridge conventional medicine and holistic healthcare established an enduring legacy that continues to inspire physicians, researchers, and practitioners of integrative medicine.

With deep sorrow and sincere respect, we mark the passing of Dr. Vasilije Tomanoski – nephrologist, Doctor of Science, distinguished scholar, and long-standing collaborator who left lasting traces in medicine and holistic practice.



Dr. Vasilije Tomanoski (1957 – 2026)

## Life and Professional Path

Dr. Tomanoski graduated from the Faculty of Medicine in Belgrade in 1981, where he also completed his specialization in internal medicine. He earned both his Master's degree and PhD at the same faculty, defending his doctoral dissertation on *"Pathohistological Characteristics of Renal Osteodystrophy in Patients on Chronic Hemodialysis Programs"* in 1997.

Since 1986, he was an active collaborator of the Dialysis Center in Struga and the Yoga Association of Struga, where he contributed to the application of yoga therapy as a complementary part of rehabilitation for patients with chronic renal insufficiency. His personality radiated simplicity, modesty, and goodwill, while his expertise and competence were recognized and valued by both patients and colleagues.

## Scientific Contribution

Dr. Tomanoski was the author and co-author of numerous research papers, presented at national and international congresses, conferences, and symposia. Particularly significant was his pioneering work on the

integration of yoga into nephrology, which emphasized the importance of a holistic approach in medicine.

- He participated in the 5th World Congress on Yoga and Holistic Medicine in Annecy, France (1994).
- He presented at the 1st Scientific Conference on Yoga *"Science and Spirituality at the End of the 20th Century"* in Ohrid (1997).
- He published interviews and clinical reports that remain important documents of his vision for integrative medicine.
- He was member of International Scientific Board of the scientific journal Yoga Science & Spirituality.

**Legacy**

Through his scientific vision and professional dedication, Dr. Tomanoski succeeded in building a bridge between medicine and spirituality. His work represents a significant contribution to contemporary nephrology and holistic medicine, and his name will remain remembered in academic and scientific history as an example of an integrative approach to health and human well-being.

His passing left a void among many – patients, colleagues, and collaborators – yet his legacy will continue to inspire future generations of physicians and researchers.